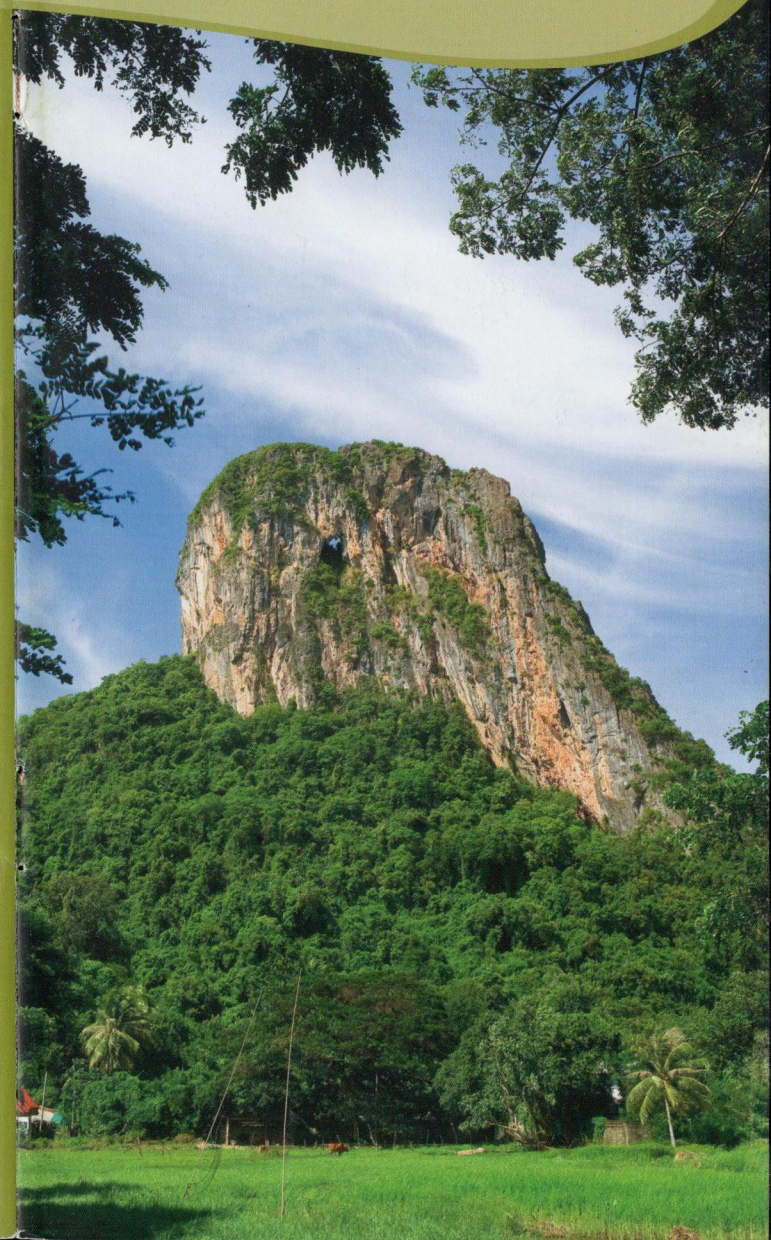
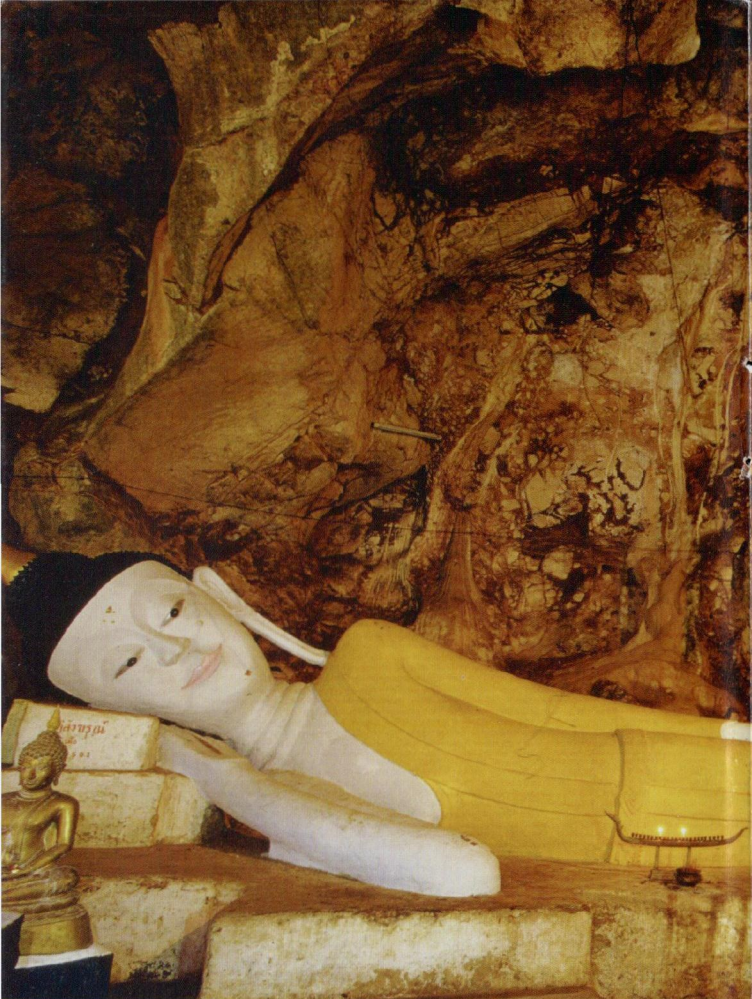


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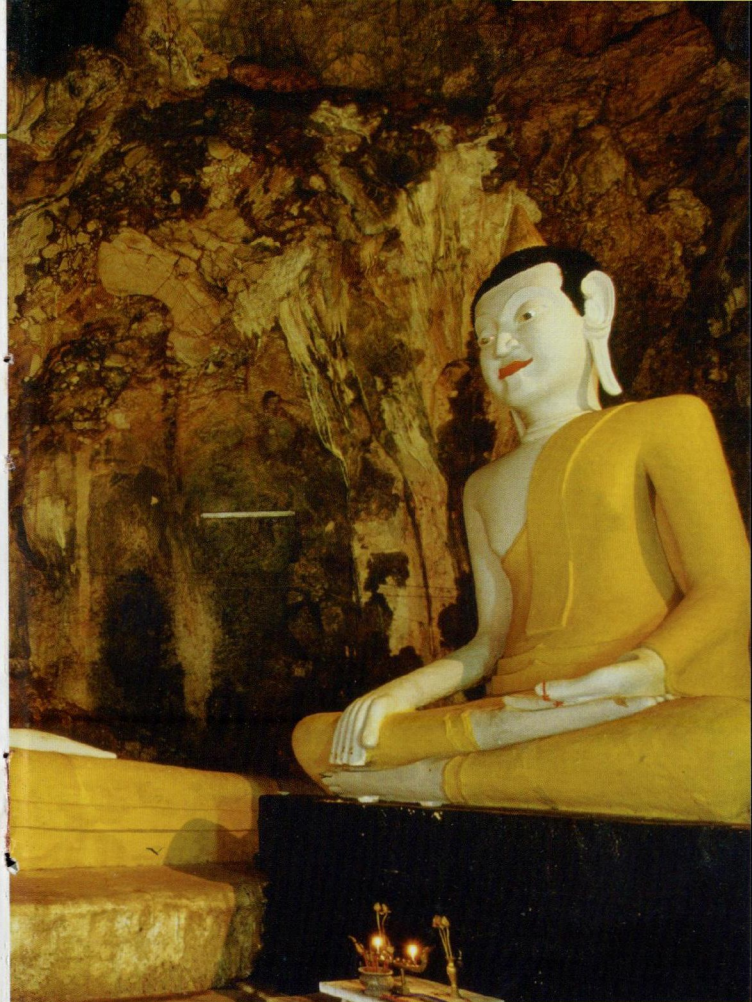
Phatthalung





Wat Khuha Sawan

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Khaeng Phon

Phatthalung

*City of Puppet Shadow Plays and
Nora Dance Cradle of Rice,
Land of Waterfalls,
Source of Waterfowl Great Lake,
Mount Ok Thalu, and Hot Springs*

Phatthalung is on the western coast of Songkhla Lake, 860 km from Bangkok. It covers an area of 3,424.5 sq km. This mountainous city is among the ancient cities in the South. Khao Ok Thalu or Mount Ok Thalu, the symbol of the city, is prominent by its height and can be seen from a distance. The performing arts of Nang Talung (puppet shadow play) and Nora dance have their origins in this city. It was assumed from evidence that Phatthalung had been a town built in the Srivijaya period. The original town was located at Hua Khao Daeng on the coast now opposite the city of Songkhla. Because of risks, the town was moved to various districts.

The most famous attraction of Phatthalung is the Thale Noi Waterfowl Park, which is the largest one of its kind in Thailand. All bird-watchers would like to visit the park. Beyond natural attractions, visitors can learn about history of the city from ancient monuments, temples, as well as local arts and culture.

Boundary

- North** Borders Nakhon Si Thammarat's Amphoe Cha-uat and Songkhla's Amphoe Ranot.
- South** Borders Songkhla's Amphoe Khuan Niang and Amphoe Rattaphum, and Satun's Amphoe Khuan Kalong.
- East** Borders Songkhla Lake, Songkhla's Amphoe Ranot, Amphoe Krasae Sin, Amphoe Sathing Phra and Amphoe Singhanakhon.
- West** Borders the Nakhon Si Thammarat or Banthat Range in Trang's Amphoe Huai Yot, Amphoe Mueang Trang, Amphoe Na Yong, Amphoe Yan Ta Khao and Amphoe Palian.

How to get there

By car

From Bangkok, there are three routes:-

Route 1 Follow Highway 4 to Chumphon and, at the Pathomphon Intersection, take a turn toward Ranong, Phang-nga, Krabi, Trang and Phatthalung, a total distance of around 1,140 km.

Route 2 Follow Highway 4 to Chumphon and switch to Highway 41 toward Phatthalung, a total distance of 846 km.

Route 3 Follow Highway 4, past Chumphon, Surat Thani, and Nakhon Si Thammarat, change to Highway 403, and at the Khao Chum Thong Junction, switch to Highway 41 toward Phatthalung, a total distance of 926 km.

By train

The State Railway of Thailand (SRT) has a train service via Phatthalung's Amphoe Mueang Phatthalung, Amphoe Khuan Khanun, Amphoe Khao Chaison, Amphoe Pak Phayun, Amphoe Pa Bon, and Amphoe Bang Kaeo. For more information, call Tel. 1690, 0 2220 4334, 0 2220 4444, or contact the Phatthalung Railway Station at Tel. 0 7461 3106, or visit the website: www.railway.co.th

By bus

The Transport Company Limited offers a daily bus service between Bangkok and Phatthalung, departing the Southern Bus Terminal on Borommaratchachonnani Road. For further details, call Tel. 0 2422-4444, or visit the website: www.transport.co.th.

By plane

There is no airport in Phatthalung. Visitors can take a flight to Trang or Songkhla's Amphoe Hat Yai. For more information, contact (TG) the Thai Airways International Public Company Limited at Tel. 0 23561111; the Trang Office at Tel. 0 7521 8066, 0 7521 9923; the Hat Yai Office at Tel. 0 7423 0445-6, 0 7423 3433, or visit the website: www.thaiairways.com, Thai Air Asia (FD) Tel: 0 2515 9999 www.airasia.com, Nok Air (DD) Tel: 1318, 0 2627 2000 www.nokair.co.th, One to go Airlines (OX) Tel: 1126 www.fly12go.com,

Distances from Amphoe Mueang Phatthalung to Other Districts

Amphoe Srinagarindra	16	km
Amphoe Khuan Khanun	17	km
Amphoe Khao Chaison	28	km
Amphoe Si Banphot	35	km
Amphoe Pa Phayom	38	km
Amphoe Tamot	39	km
Amphoe Kong Ra	40	km

Amphoe Bang Kaeo	40	km
Amphoe Pa Bon	50	km
Amphoe Pak Phayun	66	km

Attractions

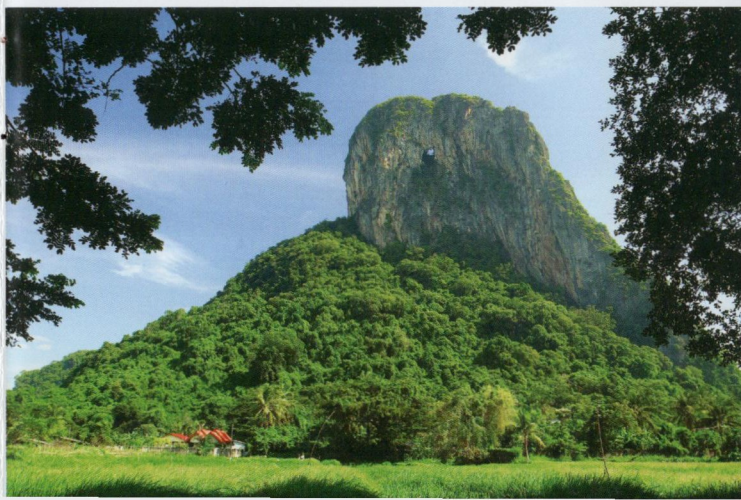
Amphoe Mueang Phatthalung

Phra Phutthanirarokhantarai Chaiyawat Chaturathit or Phra Si Mum Mueang (พระพุทธรูปรัตนตรัยชัยวัฒน์จตุรทิศ หรือพระสี่มุมเมือง) is the Buddha image of the South and an auspicious object of worship of Phatthalung. This bronze Buddha image in the posture of meditation, graciously given to the province of Phatthalung by His Majesty the King on 24 December 1968, is enshrined in a pavilion with four porches on the foreground between the City Hall and Provincial Court of Phatthalung.

Wat Khuha Sawan (วัดคูหาสวรรค์) It is a temple located at the foot of Khao Khuha Sawan near the city market. This is one of the ancient monuments of Phatthalung. Assumably, it was built in around the 8th-10th centuries. Inside the cave, a giant reclining Buddha image, pagoda, and other Buddha images are found together with some earthen votive tablets of the Srivijaya period. Inscriptions of royal initials belonging to King Rama V and Their Majesties the King and Queen appear in front of the cave. Furthermore, stucco arts in Tham Nang Khlot depict folklore.

Khao Ok Thalu (เขากทะเล) From Wat Khuha Sawan, follow Highway 4047 and Khao Ok Thalu or Mount Ok Thalu will be

Khao Ok Thalu





Wat Wang

seen standing majestically to the east of the railway station. It is a symbolic figure of Phatthalung, having a height of around 250 m. There is a flight of stairs leading the way up to the mountaintop overlooking the city of Phatthalung. The distinctive feature is a hole near the top, where visitors can see through it.

Wat Wang (วัดวัง) It is a temple located in Tambon Lampam, around 6 km from town on Highway 4047 (the same route to Khao Ok Thalu). This is one of the important places of worship



of Phatthalung. Initially, it was an ancient temple which was assumed to have been built in the late Ayutthaya period. During the reign of King Rama III, it was rebuilt by Phraya Phatthalung (Thongkhao). The temple once served as a ceremonial place for civil servants to swear an oath of allegiance to the king in the early Rattanakosin era. Later, the city of Phatthalung was moved to Tambon Khuha Sawan. The temple, therefore, was left in disrepair. In 1969, it was restored. The temple has many important items. The Ubosot (ordination hall) is in the architectural style of the



Rulers' New and Old Palaces

Rattanakosin era, with the 'Chofa'-gable finial, 'Bai Raka'-crockets, and a front portico. Inside, there are tempera mural paintings which were assumed to have been drawn in the reign of King Rama IV. It was supposed that such paintings were the craftsmanship of the same artisans who drew the mural paintings in the Ubosot of Wat Phra Si Rattanasatsadaram or Wat Phra Kaeo. The paintings here depict the Lord Buddha's life and a congregation of deities. One hundred and eight stucco Buddha images are enshrined in the gallery around the ordination hall. In addition, there is a pagoda, Wihan (image hall), and a preaching



pulpit with golden patterns, which were also built in the Rattanakosin era. It is an ideal place for those who are interested in Thai architecture.

Rulers' New and Old Palaces (วังเจ้าเมืองพัทลุง วังเก่า-วังใหม่) are located near Wat Wang. Once they served as a residence cum office of the governors of Phatthalung. Nowadays, some parts of them remain. Wang Kao or the old palace was built during the ruling of Phraya Phatthalung (Noi Chantharotwong). Later, the palace was inherited to Mrs. Praphai Mutamara, a daughter of

Luang Si Worachat. Wang Mai or the new palace was built in 1889 by Phraya Aphaiborirak Chakkrawichit Phiphitphakdi (Net Chantharotwong), a son of Phraya Phatthalung who was the ruler of the city of Phatthalung at that time. The heirs of the Chantharotwong family gave the old and new palaces as national treasures to the Fine Arts Department. The palaces were registered as an ancient monument in 1983. The palaces are open daily, except for Mondays, Tuesdays, and public holidays, during 9.00-12.00 a.m. and 1.00-4.30 p.m. Admission is 30 Baht.

Phraya Thukkharat (Chuai) Monument

(อนุสาวรีย์พระยาทุกขราษฎร์ (ช่วย) It is located at the Tha Miram T-junction in the Municipality of Mueang Phatthalung. According to history, Phraya Thukkharat was a former monk named Phra Maha Chuai staying at Wat Pa Lelai. During the War of Nine Armies in the reign of King Rama I, Phra Maha Chuai assisted Phraya Phatthalung who headed a force of villagers to fight against and defeat the Burmese army. Later, he left the monkhood and was royally appointed as Phraya Thukkharat in charge of official duties as an assistant to the city ruler. At the time, "Phraya" was the rank equivalent to the city ruler.

Hat Saen Suk Lampam (หาดแสนสุขลำปำ) It is a beach around 2 km from Wat Wang on Highway 4047. This sandy beach along the coastal line of Songkhla Lake is fringed by shady pine trees. The pavilion jutting into the sea called 'Sala Lampam Thi Rak,'

Hat Saen Suk Lampam





Coconut Shell Handicraft Centre of Mueang Phatthalung

serves as a viewpoint to admire the lake's surroundings. Additionally, there is a bridge linking the beach to a nearby small island called Ko Loi, which resulted from sediment compilation at the mouth of the Lampam River.

Coconut Shell Handicraft Centre of Mueang Phatthalung

(ศูนย์รวมหัตถกรรมกะลามะพร้าวเมืองพัทลุง) It is located at 42 Mu 1, Tambon Chai Buri, around 6 km from town on the route to the Sai Yuan Junction. This is a village of handicrafts made from coconut shell. The products are so famous that their production place is acclaimed as the village of million-baht-worth coconut shells. From an initiative of Mr. Pluem Chukhong, Head of the community, coconut shells were introduced and designed into kitchen utensils and ornaments, such as spoon, coffee cup, water bowl, dipper, ladle, lamp, etc. Products are sold domestically and overseas. To see the villagers' way of life and purchase items of your choice, contact Mr. Pluem Chukhong at Tel. 0 7461 4512, 08 1465 5751.

Amphoe Khuan Khanun

Thale Noi Non-hunting Area (เขตห้ามล่าสัตว์ป่าทะเลน้อย)

Though being declared a non-hunting area on 18 February 1975, it is commonly called 'Thale Noi Waterfowl Park.' This is the first

non-hunting area ever founded in Thailand, under the Department of National Park, Wildlife and Flora, Ministry of National Resources and Environment. The Khuan Khi Sian Peat Swamp in the area around Thale Noi or Noi Lake is the first Ramsar site of Thailand. This non-hunting area covers an area of around 285,625 rai. It has been selected as a significant wetland area of the country, including areas in three provinces; namely, Phatthalung, Songkhla, and Nakhon Si Thammarat. Its water area (Thale Noi Lake) accounts for 17,500 rai. Most parts of the Thale Noi Non-hunting Area are lakeside plains consisting of rice fields, peat swamp forest, and grasslands. Thale Noi Lake is around 5 km wide and 6 km long, having aquatic plants growing on the lake surface, such as hyacinth, Kong tree (*Hanguana malayana*), pale yellow-spiked rush, lotus, and floating plants. Its average depth is 1.25 m. Fauna inhabiting here comprises 287 species of waterfowls, 26 species of reptiles, and 6 species of mammals. The waterfowls are both resident and migratory, such as painted stork, black-headed ibis, grey heron, purple heron, little cormorant, black-crowned night-heron, etc. Interesting things at the Thale Noi Waterfowl Park are the Thale Noi Palace, sea of blooming lotus in the morning, flocks of waterfowls, the nesting and egg-laying grounds of waterfowls at Ao Mo and those at Khuan Thale Mong, Khuan Khi Sian Ranger Station, and the Sala Nang Riam viewpoint.

To get there: From the city of Phatthalung, take Highway 4048 (Phatthalung-Khuan Khanun) for around 32 km; there are direction

Thale Noi Non-hunting Area





Wat Khian Bang Kaeo

signs along the asphalt road. By train, get off at the Pak Khlong Railway Station to connect to a bus to Thale Noi for around 8 km. Furthermore, the Thale Noi Non-hunting Area offers a tourist information centre, a welfare shop, 5 reception houses, and 60 tour boats. For further details, call Tel. 0 7468 5230.

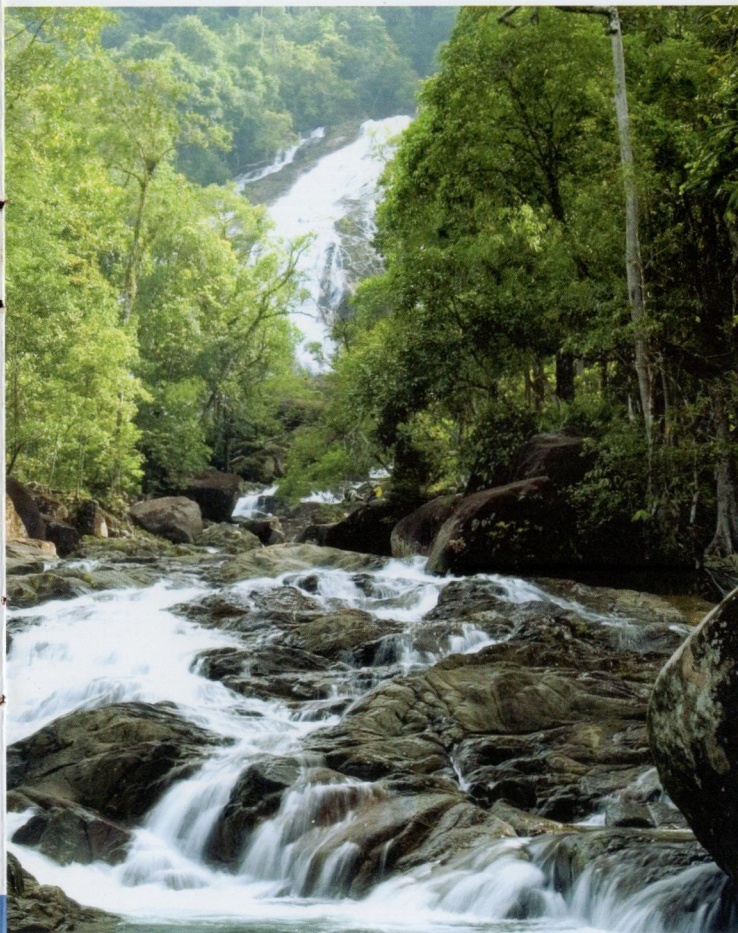
Amphoe Khao Chaison

Wat Khian Bang Kaeo (วัดเขียนบางแก้ว) It was recognized as a model temple for development in 1990. This ancient temple has Phrathat Bang Kaeo which is an imitation of Phra Mahathat Chedi of Nakhon Si Thammarat, but in a smaller scale. It is one of the ancient places of worship of Phatthalung believed to have been



Namtok Phraiwan

built in the early Ayutthaya period. Assumably, the temple area had been the location of the city of Phatthalung since laterite debris and numerous Buddha images were found. In addition, the temple houses a museum where Buddha images and crockery have been collected. To visit the museum, permission from the abbot is required. To get there: Take Highway 4081 and drive past Amphoe Khao Chaison for around 7 km. At Km 14 in Ban Bang Kaeo Tai, a direction sign on the left indicates the distance of 2.5 km to reach the temple.



Laem Chong Thanon (แหลมจองถนน) It is a fishing village in Tambon Chong Thanon. From the city of Phatthalung, follow Phetchakasem Road and turn left past Amphoe Khao Chaison for around 12 km. The total distance from the city of Phatthalung is 39 km. The village is on a hill sloping down to the beach of Songkhla Lake, and overlooking vistas and islands. Restaurants are also available for visitors.

Amphoe Kong Ra

Namtok Phraiwan (น้ำตกไพรวัลย์) It is a waterfall located in

the area of Ban Phut Ranger Station, Khao Banthat Wildlife Sanctuary, in Tambon Khlong Chaloem. This large-scale waterfall is tranquil and full of shady trees. There are food shops in the waterfall area. To get there: From the town of Phatthalung, take Highway 4 and, at the Kong Ra T-junction, turn right to follow Highway 4122 for around 29 km. There is a direction sign indicating another 3 km before the waterfall. Visitors can get to the waterfall on their own by taking a mini-bus on the Namtok Phraiwan-Phatthalung Line at the bus stop diagonally opposite the Phatthalung Railway Station. The mini-bus departs daily every 15 minutes during 7.00 a.m.-5.00 p.m. The last bus from Namtok Phraiwan to Phatthalung leaves at 3.00 p.m.

Amphoe Tamot

Namtok Lan Mom Chui (น้ำตกลานหม่อมจ้อย) It is a waterfall amidst a shady forest in the area of the Ban Tamot Wildlife Protection Unit. The waterfall has divided layers in different names and a pool of water where visitors can enjoy swimming. To get there: From Amphoe Tamot, take Highway 4121 and switch to Highway 4237 toward Wat Tamot for around 18 km. The waterfall is around 4-5 km after Wat Tamot.

Amphoe Si Banphot

Khao Pu-Khao Ya National Park (อุทยานแห่งชาติเขาน้อย-เหย้า) It is the 42nd national park of Thailand, which was declared on 27 May 1982. Its area of around 433,750 rai covers some parts in Phatthalung, Nakhon Si Thammarat, and Trang provinces. The most geographical features are forests in the Banthat Range which has a complex of mountains with 'Khao Hin Thaen' as the highest mountaintop. This national park is an origin of the Trang and the Pak Phanang Rivers. In Phatthalung, it originates Khlong Lamai, Khlong Mai Siap, and Khlong Nam Sai; all the three canals flow to combine and become Khlong Cha-uat and the Pak Phanang River. Most of the flora belong to a moist evergreen forest. Various plants grow densely, such as Yang, Takhian, Lumpho, Krabak, Champa Pa, Phikun, etc. Wild animals consist of 60 species of mammals, such as serow, barking deer, deer, least horseshoe bat, black-bearded tomb bat, etc. About 286 species of birds are found, such as Asian paradise-flycatcher, white-rumped shama, plain sunbird, rufous-chested flycatcher, orange-breasted trogon, green-billed Malkoha, white-crowned hornbill, emerald dove, ruddy kingfisher, etc. About 67 species of reptiles include common blind snake, black jungle monitor, king cobra, *Draco volans*,

banded slender-toed gecko, soft-shelled turtle, etc. About 15 species of fish are found, such as true eel, *Clarias teijsmanni* bleeker, Nieuhof's walking catfish, Huat fish, pearl danio, etc. Amphibians found here include the Malayan horned frog, Peter's Malaysian frog, dark-sided frog, Asian giant toad, Tenasserim eastern frog, lesser toad, green-backed frog, etc. About 70 species of insects are found, such as giant bee, cicada, weevil, bug, five-horned scarab beetle, great helen, great Saturn, jungleking, etc. In addition, other places of interest are as follows:

Tham Matcha Pla Won (ถ้ำมัจฉาปลาวาน) It is a medium cave, about 2 km from the park headquarters. Inside, there are 3 spacious chambers, stalactites, stalagmites, limestone curtain, and many bats. Furthermore, the Asian giant toad and millipede are also found here. At the cave's end, a water pool of 10 sq m is the habitat of shrimp, shell, and *Clarias teijsmanni* bleeker.

Pha Phueng (ผาผึ้ง) It is a limestone cliff, around 300 m from the park headquarters. Giant bees always come to make hundreds of hives here every year during February to April. Walking along the hillside to the top, visitors will find viewpoints for nature and species of plants.

Nature Trails (เส้นทางเดินศึกษาธรรมชาติ) There are 2 trails within the area of the park headquarters. They are suitable for a study of nature and, herbs, or research on natural resources and biological environment.

Additionally, there is Namtok Rieng Thong, Tham Wang Nai Phut, Namtok Khuan Pra, and Namtok Pak Chaem. The park has 11 reception houses on offer together with a camping site for visitors. For further details, contact the Khao Pu – Khao Ya National Park at Tel. 0 7461 9654-5, or the Reception House Service Section, Department of National Park, Wildlife and Flora, Bangkok, at Tel. 0 2562 0760, www.dnp.go.th. To get there: From the city of Phatthalung, take Highway 41 for around 20 km. Then, turn left at the Pho Thong Junction to follow Highway 4164 (Khuan Khanun - Khao Pu Road) for around 17 km. See a direction sign and turn left for around 4 km before arriving at the park.

Amphoe Bang Kaeo

Khlong Hu Rae (คลองหุแร่ หรืออ่างน้ำหุแร่) It is located in Tambon Tha Maduea, 33 km from the city of Phatthalung. Go along

Phetchakasem Road for around 20 km and turn left to follow the Khao Chaison-Chong Ke Road (Highway 4081). Turn right in front of the Khao Chaison District Office for another 5 km before reaching the canal. There is a taxi motorcycle service in front of the Khao Chaison District Office. Khlong Hu Rae or Hu Rae Canal is large and full of clear and clean water. The canal's bottom is sandy and boulders lie at its depth. It is a place suitable for recreation and swimming. Restaurants are available for visitors.

Bang Kaeo Shadow Puppet Figure and Handicraft Centre (ศูนย์ศิลปหัตถกรรมรูปหนังบางแก้ว) It is located at Mu 1, Ban Bang Kaeo, Tambon Tha Maduea, 36 km from the town of Phatthalung. It is around 9 km from the junction of Phetchakasem Road and the train track, or another 200 m from the train track. The Bang Kaeo Handicraft village consists of 25 members who carve hides into puppet figures for Nang Talung and Nang Yai shadow plays, as well as new figures in patterns required by customers. Their craftsmanship is exquisite and highly skilled. The products are distributed for sale throughout the country and overseas in more than 15 countries. To visit and buy puppet figures, contact the village's Chairman, Mr. Im Chanchum, at Tel. 0 7469 7160, or the Community Development Office, Amphoe Bang Kaeo, at Tel. 0 7469 7380.

Amphoe Srinagarindra

Tham Sumano



Tham Sumano (ถ้ำสุมะโน) It is a cave located in Tambon Ban Na, around 21 km from the town of Phatthalung on Phetchakasem Road (Phatthalung – Trang route). The cave is around 500 m from the road.

Inside, there are some stalactites and stalagmites, as well as spacious chambers. The cave is cool and shady with spectacular nature. It comprises a system of 18 small caves. Buddha images in different postures are housed in the cave. The cave is also used for insight development and Dharma practices.

Local Arts and Culture

Manora or Nora (มโนราห์หรือโนรา) It is a kind of local performing art in the South. Phatthalung, in particular, is called an origin of the Manora dance. Assumably, it was an influence from the South of India, together with Lakhon Chatri (theatrical show by males). However, some dancing patterns were changed to match folk cultures in each province. There are 12 major dancing patterns. The audience will see dancing patterns and listen to lyrics sung by dancers, be they impromptu or composed verses.

Talung (ตะลุง) It is a popular folk performance in the South. Talung puppet figures are made of hard dried sheets of cattle hide cut and carved beautifully into characters for a shadow play. The characters are usually painted wholly in black and each of them is put firmly between a split bamboo slat called ‘Mai Tap.’ A character’s mouth and hands will be moved to accord with the narration. A Talung ensemble comprises puppet masters who are also vocalists, and a band, totalling not over 8 persons. The musical instruments include pipe, drum, Phon (a kind of local drum) and gong.

Events and Festivals

Thale Noi Bird-watching Festival It was initiated in 1998 as an extra activity for the Amazing Thailand Year, and designed to suit the most important attraction of Phatthalung. There are eco-tourism activities on offer in the Thale Noi Non-hunting Area for a period of one month (14 February-15 March) when beautiful nature and birds can be seen. The activities in each day include a long-tailed boat ride to do bird-watching and admire aquatic plants, local performances, agricultural products for sale, learning about the community’s way of life, and local products purchase.

Khaeng Phon Lak Phra or Chak Phra Tradition (งานประเพณีแข่งโพนลากพระหรือชักพระ) It is held on the fourteenth day of the waxing moon, the full moon day and the first day of the waning moon in the eleventh lunar month, which coincides with the End of Buddhist Lent. It is a tradition to move around Buddha images both by land and by river. In Phatthalung, it is observed by land. Beating Phon or local drum controls the movement of a Buddha image procession. Each procession representing a temple has its own drum beaters. When two processions meet, they exchange a challenging tune of drum beating. A Phon beating competition is, therefore, held every year at the Phatthalung Stadium and Hat Saen Suk Lampam (Lampam Beach), Amphoe Mueang Phatthalung. Activities in the event include a Phon beating contest by representatives from temples in Phatthalung and neighbouring provinces, a Phon procession contest, a Phon beating style contest, dancing performances, Sat Tom (throwing a traditional dessert made of sticky rice wrapped with a young leaf of Kapho or mangrove fan palm), a Buddha image procession contest, religious rites, water sports on the Lampam Lake, local arts and exhibition of Phatthalung and nearby provinces, such as Krachut or bulrush mat weaving and coconut shell products.

Local Products and Souvenirs

Most of the local products are handicrafts, such as products from Krachut or bulrush mat of Amphoe Khuan Khanun's Tambon Thale Noi (by the Plai Trok Ruam Chai Group of Agricultural Housewives), Nang Talung puppet products of Amphoe Bang Kaeo, coconut shell products of Tambon Chai Buri's Ban Khok Wua, etc. Famous souvenirs include Kalamae or coconut toffee of Tambon Nang Lat, Kluai Chap or crispy buttered banana and Luk Yi (velvet tamarind) candy of Amphoe Mueang Phatthalung, Kung Kaeo or crispy baked prawn of Amphoe Pak Phayun, etc.

Facilities

(Room rates are subject to change, please check them with the operators before checking.)

Accommodation

Amphoe Mueang Phatthalung

Grand Mansion 64/12 Pracha Bamrung Road (behind the Siam Commercial Bank), Tambon Khuha Sawan. Tel. 0 7461 5705, Fax: 0 7461 2223. 56 rooms: 400-600 Baht.

Sunshine Resort Phetchakasem Road, Tambon Tha Khae.
Tel. 08 1093 3780. 20 rooms: 400-500 Baht.

Dina Inn Chai Buri Road, Chong Ko T-junction. Tel.
0 7461 3026, 0 7461 1209. 24 rooms: 300-450 Baht.

Tawan Dao Resort Chai Buri Road, Tambon Khuha
Sawan. Tel. 0 7461 3029. 24 rooms: 300-450 Baht.

Chai Han Resort Tambon Khuan Maphrao. Tel. 08 7297
9267. 10 rooms: 150-220 Baht.

Tony Village Tambon Prang Mu, Phatthalung Road. Tel.
0 7461 3699. 32 rooms: 300 Baht.

Thai Hotel 14-14/1-5 Ditsara-Sakharin Road. Tel. 0 7461
1636, 0 7461 1797-8. 50 rooms: 350-600 Baht.

Ban Nang Nuan 53 Mu 9, Tambon Khuan Maphrao. Tel.
0 7461 2924. 25 rooms: 150-300 Baht.

PK 1 Wirasak Ratchaphatthana Road, Tambon Khuha
Sawan. Tel. 07461 6064. 35 rooms: 200-400 Baht.

PK 2 173-174 Phetchakasem Road, Tambon Tha Miram.
Tel. 0 7461 7560. 22 rooms: 200-300 Baht.

River Tambon Tamnan. Tel. 0 7461 5460. 24 rooms: 150-
300 Baht.

Little Grand Hotel Phatthalung-Trang Road, Tambon Tha
Khae. Tel. 08 1691 3333, 08 4312 6579. 70 rooms: 300-500 Baht.

Holiday Hotel Phatthalung Phadungdonyo Road. Tel.
0 7461 2555. 13 rooms: 450-650 Baht.

Lampam Resort 88 Mu 6, Aphaiborirak Road, Tambon
Lampam. Tel. 0 7460 4525, Fax: 0 7460 4528. 67 rooms: 400-
1,200 Baht.

Ho Fa 28-30 Khuha Sawan Road. Tel. 0 7461 1920,
0 7461 1645. 73 rooms: 200-500 Baht.

Amphoe Khao Chaison

Thale Thong Resort 89 Mu 1, Tambon Chong Thanon.
Tel. 08 1478 6269, 08 1679 3233. 6 rooms: 200 Baht.

Thiothat 201 Mu 1, Tambon Chong Thanon. Tel. 0 7467
5537, 08 9876 1822, 08 1898 4238, Fax: 0 7465 5536. 7 rooms:
300-400 Baht.

Amphoe Khuan Khanun

Thale Noi Non-hunting Area Tambon Thale Noi. Tel.
7468 5230.

Thale Noi Resort 309 Mu 3, Tambon Phanang Tung. Tel.
08 1189 6193, Fax: 0 7468 5056, www.thalenoiresort.com,
E-mail: thalenoiresort@hotmail.com. 25 rooms: 400-1,000 Baht.

Ban Lan Bua By the Thale Noi Lake, Tambon Thale Noi.
Tel. 08 1368 3081. 10 rooms: 500-700 Baht.

Amphoe Pak Phayun

Khao Chan Resort 1 Mu 7, Tambon Ko Mak. Tel. 08 1599 7778, 08 9812 1276. 25 rooms: 500 Baht.

Restaurants

Amphoe Mueang Phatthalung

Khuha 9/10 Pracha Bamrung Road, Tambon Khuha Sawan. Tel. 0 7461 1938.

Phakphuak Phadungdonoy Road. Tel. 0 7461 3719.

Khrua Kanya Phadungdonoy Road, Tambon Khuha Sawan. Tel. 0 7462 6775.

Nong Nit Saen Suk Lampam Beach. Tel. 0 7460 4525.

Lampam Seafood Lampam Resort, Aphaiborirak Road.
Tel. 0 7460 4525.

Khuan Maphrao Food Garden 5 Mu 9, Tambon Khuan Maphrao. Tel. 0 7461 2895.

Suan Phai Food Garden Asian Highway. Tel. 0 7461 2930. (Thai food).

Im Yok 1 393 Ramet Road. Tel. 0 7461 3393. (Thai food).

Im Yok 2 Phatthana Road, Tambon Khuha Sawan, Tel. 0 7461 1983.

Amphoe Khao Chaison

Thale Thong 89 Mu 1, Tambon Chong Thanon. Tel. 08 1478 6269, 08 1679 3233.

Thiothat 201 Mu 1, Tambon Chong Thanon. Tel. 08 9876 1822, 08 1898 4238.

Amphoe Khuan Khanun

Buppha Chamuang Asian Highway. Tel. 08 1907 5959, 08 1936 7986.

Ruean Chai Buri Tambon Chamuang. Tel. 0 7468 2354.

Siri Kitchen Asian Highway. Tel. 08 1397 6503, 08 1607 6616.

Lan Ta Chu Asian Highway. Tel. 0 7468 1658, 0 7464 9008-9

Amphoe Pak Phayun

Khanittha Tambon Han Thao. Tel. 08 1368 7285.

Pak Lek Tambon Ko Nang Kham. Tel. 0 7461 3127.

Travel Agencies

Amphoe Mueang Phatthalung

PG Tour Phatthana Road. Tel. 0 7461 5273.

Wutthikrai Tour Ramet Road, Tambon Khuha Sawan.
Tel. 0 7461 1078, Fax: 0 7461 2972.

Amphoe Pak Phayun

Hat Thong Resort and Travel Tambon Falami. Tel. 08
1963 5221, Fax: 0 7455 6277.

Examples of Tour Programmes

Programme I One day, one night.

- 8.00 a.m. Take a boat to study waterfowl and aquatic plants in the Thale Noi Waterfowl Park.
- 9.00 a.m. See the people of Thale Noi's way of life and their Krachut or bulrush handicrafts.
- 10.30 a.m. Proceed to see Wang Chaomueang Phatthalung (New Palace), Wat Wang, and Lampam Beach.
- 12.00 a.m. Lunch at Lampam Beach.
- 1.00 p.m. Leave for Tham Sumano.
- 1.20 p.m. Arrive at Tham Sumano, view the cave and practise Dharma.
- 3.00 p.m. Depart for Namtok Phraiwan. Enjoy playing in the waterfall.
- 5.00 p.m. Travel back to the accommodation in town.

Programme II One day, one night.

- 8.00 a.m. Pay homage to Phra Si Mum Mueang, the provincial Buddha image.
- 8.30 a.m. See the community's way of life and buy coconut shell products at Ban Khok Wua, Tambon Chai Buri.
- 9.30 a.m. Take a boat to see waterfowl and study aquatic plants at the Thale Noi National Park. Study the people of Thale Noi's way of life and Krachut or bulrush mat weaving. Lunch at Thale Noi Lake or the market of Amphoe Khuan Khanun.
- 1.00 p.m. Visit the Khao Pu-Khao Ya National Park.
- 4.00 p.m. Visit Wang Chaomueang or the Rulers' Palaces.
- 5.30 p.m. Admire an evening view of Lampam Beach. Dinner at Lampam Beach or in town. Check-in.

Tips for Forest Trekking/Bird-watching

- Enquire about the information/ make reservations for the accommodation with the Royal Forest Department or the Department of National Park, Wildlife and Flora at least 30 days in advance.
- Study the seasons of nature, such as flowers, migratory birds, etc.
- Have a guiding official of the Department of National Park, Wildlife and Flora (to go on a complicated route/ dense forest).
- Follow the authorities' advice strictly.
- Study routes and make sure to have a map and a compass before taking a trip.
- Walk on the provided or permitted path only.

A Boat Ride for Bird-watching

- Keep the boat in balance by sitting separately along the boat.
- While the boat is running, do not stick a hand or foot out of the boat, or cause the boat to lose balance.
- Dress properly to be in harmony with nature.
- Wear a life-jacket while on the boat.

Useful Calls

Provincial Public Relations Office	Tel. 0 7461 2404
Provincial City Hall	Tel. 0 7461 3409, 0 7461 4062
Mueang Phatthalung Municipality Office	Tel. 0 7461 3007, 0 7461 3291
Phatthalung Hospital	Tel. 0 7461 3008
Piyarak Hospital	Tel. 0 7462 7148
Police Station	Tel. 0 7461 3244
Phatthalung Bus Terminal	Tel. 0 7461 2070
Phatthalung Railway Station	Tel. 0 7461 3106
Highway Police	Tel. 1193
Tourist Police	Tel. 1155
Meteorological Department	Tel. 1182
Phatthalung Recreational, Tourism and Sports Centre	Tel. 0 7462 0276
Telephone Number Directory	Tel. 1133

Tourist Information Tourism Authority of Thailand

1600 Phetchaburi Road, Makkasan

Ratchathewi, Bangkok 10400

Tel. 0 2250 5500 (120 lines)

Fax: 0 2250 5511

E-mail: info@tat.or.th

Website: www.tourismthailand.org

Ministry of Tourism and Sports

4 Ratchadamnoen Nok Road

Pom Prap Sattru Phai, Bangkok 10100

Open daily during 8.30 a.m. – 4.30 p.m.

Tourism Authority of Thailand Hat Yai Office

1/1 Soi 2 Niphat Uthit 3 Road,

Amphoe Hat Yai, Songkhla 90110

Tel. 0 7424 3747, 0 7423 8518, 0 7423 1055 Fax: 0 7424 5986

E-mail: tatsgkhl@tat.or.th

Areas of responsibility: Songkhla, Phatthalung



แผนที่ท่องเที่ยวจังหวัดพัทลุง PHATTHALUNG TOURIST MAP



สัญลักษณ์ Legend

- | | | |
|--|-------------------|--------------------|
| | อำเภอ | Amphoe (District) |
| | สถานที่ท่องเที่ยว | Tourist Attraction |
| | สถานีรถไฟ | Railway Station |
| | แหล่งน้ำ, แม่น้ำ | Stream, River |
| | ทางหลวง | Highway |
| | เส้นขอบเขตจังหวัด | Province Boundary |
| | เส้นขอบเขตอำเภอ | District Boundary |
| | ทางรถไฟ | Railway |

5 2.5 0 5 กิโลเมตร
 Kilometers

สถานที่ท่องเที่ยว Tourist Attractions

- อุทยานแห่งชาติเขาน้ำ-เขาย่า Khao Pu - Khao Ya National Park
- เขตห้ามล่าสัตว์ป่าทะเลน้อย Thale Noi Non-hunting Area
- ถ้ำสุมะโน Tham Sumano
- วัดคูหาสวรรค์ Wat Khuha Sawan
- เขากทะเล Khao Ok Talu
- หาดแสนสุขลำปำ Hat Saen Suk Lampam
- วัดวัง Wat Wang
- วังเจ้าเมืองพัทลุง (วังเก่า-วังใหม่) Rulers' New and Old Palaces
- วัดเขียนบางแก้ว Wat Khian Bang Kaep
- น้ำตกไพรวัลย์ Namtok Phraiwan

แผนที่ตัวเมืองพัทลุง

PHATTHALUNG CITY MAP



5 .25 0 กิโลเมตร
Kilometers

สัญลักษณ์ Legend

	ศาลากลางจังหวัด	City Hall		สถานีตำรวจ	Police Station
	โรงเรียน	School		ถนน	Road
	สถานีขนส่ง	Bus Terminal		แหล่งน้ำ, แม่น้ำ	Stream, River
	ไปรษณีย์	Post Office			

โรงแรม Hotel

- 1 โรงแรมบัวทอง Bua Thong Hotel
- 2 โรงแรมตะวันดาว รีสอร์ท Tawan Dao Resort Hotel
- 3 โรงแรมบัวตอม Bua Toom Hotel
- 4 โรงแรมฮอลิเดย์ พัทลุง Holiday Hotel Phatthalung
- 5 โรงแรมพัทลุงไทยไฮเต็ล Phatthalung Thai Hotel
- 6 โรงแรมหอฟ้า Hofa Hotel

วัด Temple (Wat)

- 1 วัดอินทราวาส Wat Intharawat
- 2 วัดนางลาด Wat Nang Lat
- 3 วัดโคกเนียน Wat Khok Nian
- 4 วัดประดู่หอม Wat Pradohom
- 5 วัดโคกคีรี Wat Khok Khiri
- 6 วัดภูผาภิรมย์ Wat Phuphaphimuk

ตลาด Market

- 1 ตลาดใหม่ (ท่ามิหรำ) Mai Market (Tha Milam)
- 2 ตลาดเจียง Che Hiang Market
- 3 ตลาดเพียรยินดี Pian Yindi Market

สถานที่สำคัญ Places

- 1 สนามกีฬาากลางจังหวัดพัทลุง Phatthalung Sport Stadium
- 2 ที่ว่าการอำเภอเมืองพัทลุง Amphoe Mueang Phatthalung Office
- 3 สำนักงานเทศบาลเมืองพัทลุง Phatthalung Municipal Office
- 4 ศาลจังหวัดพัทลุง Phatthalung Law Court
- 5 วิทยาลัยเทคนิคพัทลุง Phatthalung Technical College

★สถานที่ท่องเที่ยว Tourist Attraction

- 1 อนุสาวรีย์พระยาพิชัยราชูปถัมภ์ (ชว่ย) Phraya Thukharat (Chuai) Monument
- 2 พระพุทธนิรโรคันตรายชัยวัฒน์จตุรทิศ (พระสี่มุมเมือง) Phra Phutthanirakhanlarai Chaiyawat Chaturathit or Phra Si Mum Mueang
- 3 สวนสาธารณะคูหาสวรรค์ Khuha Sawan Park
- 4 วัดคูหาสวรรค์ Wat Khuha Sawan

ร้านอาหาร Restaurant

- 1 ร้านอาหารบ้านพรคพวก Ban Phakphuak Restaurant
- 2 ร้านอาหารโกเล็ก Ko Lek Restaurant
- 3 ร้านอาหารทุ่งรวงทอง Thung Ruang Thong Restaurant
- 4 ร้านอาหารตะไคร้หอม Takrai Hom Restaurant
- 5 ร้านอาหารครัวไม้ป่า Krua Mai Pa Restaurant
- 6 ร้านอาหารโรส Rose Restaurant
- 7 ร้านอาหารเชิงผา Chong Pha Restaurant
- 8 ร้านอาหารครัวตาหล้า Krua Ta Lam Restaurant
- 9 ร้านอาหารสองพี่น้อง Song Pi Nong Restaurant
- 10 ร้านอาหารอิมหยก 1 Im Yok 1 Restaurant
- 11 ร้านอาหารนานปลิงคลาสสิก Nanpling Classic Restaurant

โรงพยาบาล Hospital

- 1 โรงพยาบาลพัทลุง Phatthalung Hospital
- 2 โรงพยาบาลรวมแพทย์ Ruamphaet Hospital
- 3 โรงพยาบาลปิยะรักษ์ Piarak Hospital



Information by: TAT Hat Yai,

Tourist Information Division (Tel. 0 2250 5500 ext. 2141-5)

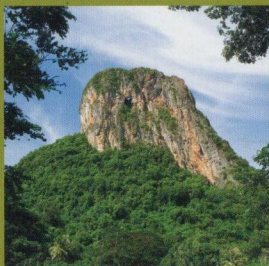
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Khao Ok Thalu

1672
TOURIST HOTLINE

08.00-20.00 hrs. Everyday

Tourist information by fax available 24 hrs.

E-mail : info@tat.or.th

Website : www.tourismthailand.org



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